

Winnepesaukee Public Health Council (WPHC)

Franklin Savings Bank Welcome Center

February 4th, 2016 3-4:30 PM

In Attendance: Marge Kerns (LRGHealthcare), Sally Minkow (LRGHealthcare), Alida Millham (Laconia Resident & PPH/LRGHealthcare BoD), Susan Wnuk (CAP Merrimack Belknap Counties), David Emberley (Central NH VNA and Hospice), Rick Silverberg (Health First Family Care Center), Barbara Normandin (Franklin VNA and Hospice), Lisa Leary (PPH), Rich Crocker (State Committee on Aging), Lisa Morris (PPH), Margaret LaBrecque (NH Veterans Home), Jennifer Groleau (PPH), Karen Grzelak (Caring Community Network of the Twin Rivers), Russ Morey (Parish of St Andre Bessette), Geoff Ruggles (Town of Gilford), Kirk Beattie (Laconia Fire Department), Linda Ferruolo (Lakes Region Community College), Rachel Saliba (Tilton School), Jim Wells (City of Franklin), Susan Laverack (PPH), Martha Swats (Comfort Keepers), Sue Cagle (UNH Cooperative)

**Agenda: Facilitator: Rick Silverberg**

1. WPHC Website Update: [winniphc.org](http://winniphc.org)

- Lisa Morris and Jennifer Groleau (PPH) presented the functions and layout of the website. Council members felt that links to Member agencies would help to drive traffic and validate information. A purpose statement will be added on the top. CHIP Plan will be dated 2015-2020 so the community knows time frame of the plan. Jennifer Groleau (PPH) will work with Mainstay to identify keywords so when someone searches "Public Health NH" that [winniphc.org](http://winniphc.org) is high ranking in search engines. Jennifer will research the costs involved in the process. Jennifer was praised by Council members for development of [winniphc.org](http://winniphc.org) web pages.

2. Membership:

- Lisa Morris (PPH) handed out an info graphic that had been requested by the Council for use during presentations. It will be used as part of the speakers bureau tool kit to assist with community engagement. Lisa Leary (PPH) suggested to add the WPHC contact information. It may be used in poster format (laminated) or by PowerPoint presentation. Positive feedback included easy to skim, liking the variation in graphics, and how it can be utilized in different formats. Some improvement needed in coloring, format, and pictures. Lisa Morris (PPH) will contact the designer at CHI to have concerns addressed. (See info graphic).

3. Update : Substance Use Disorder (Naloxone and Open Doors):

- Lisa Leary (PPH) announced the first Naloxone event was successful in handing out around 44 kits. The event created publicity in the newspapers and on TV. Within days of the event, the medication was administered during an overdose by a person (a friend) who attended the event. Attendees included: family, friends, people with addiction, doctors, nurses, and others (concerned citizens.) The second event will be Thursday, February 11th, 2016 Location: Bessie Rowell Community Center, 12 Rowell Drive, Franklin, NH Time: 5PM to 6:30 PM. The event will cover how to use Naloxone, resources such as treatment, peer and family support, community coalitions and recovery. The event has been advertised. Planning for 100 attendees for Franklin event, due to positive publicity.

- Lisa Morris (PPH) stated that the Winnepesaukee region chose not to apply for the Open Doors RFP targeting pregnant or parenting women, homeless or at risk of homelessness with a substance use disorder. Multi-agency, regional planning team did not feel that the scope of service met the needs of the population.

4. Presentations:

- a) Functional Issues of Aging and Disability-Martha Swats (Comfort Keepers) Focusing on Priority Area 5 to improve health and well-being of older adults and caregivers by supporting and improving services for caregivers and falls prevention. See PowerPoint. Kirk Beattie (Laconia Fire Department) spoke about Concerns in the Home release form and how it is being used as a tool to communicate concerns for older adults, forms are submitted to LRGH care managers for review and potential outreach activities.
- b) Healthy Eating Active Living-Lisa Morris (PPH) and Sue Cagle (UNH Cooperative) Presented on GROW Lakes Region. The goal of the program is to increase access and consumption of healthy foods for low income families in the Lakes Region. See GROW handout.

5. Membership Updates: Rick Silverberg (PPH) reminded the Council that WPHC is looking for new members who may be an asset to the Council and to fill in the gaps of missing sectors. Jennifer Groleau and Lisa Morris (PPH) will reorganize the member listing by sector and distribute. Alida Millham (Laconia Resident & PPH/LRGH BoD) and Lisa Morris (PPH) will be drafting a letter from the Council to Belknap County regarding reduction of funding to programs and how cuts will impact health outcomes as they relate to the CHIP. Will be sent before February 16th, 2016.
6. Next Meeting: Franklin Savings Bank Welcome Center (Behind Tilton Diner) on Thursday March 3rd, 2016 3PM-4:30 PM. Presentation on Access to Behavioral Health (mental health) has been scheduled.