

Winnepesaukee Public Health Council (WPHC)

Franklin Savings Bank Welcome Center

January 5th, 2017 3-4:30 PM

In Attendance: Susan Laverack (Partnership Public Health), Jennifer Groleau (PPH), Kelley Gaspa (PPH), Audrey Goudie (Community Health Services Network), Rich Crocker (Elder Rights Coalition), Susan Wnuk (Community Action Program for Merrimack-Belknap Counties), David Emberley (Central VNA & Hospice), Susan Smith (Citizen Representative), Scoop Welch (Granite United Way), Rachel Saliba (Tilton School), Sally Minkow (LRGHealthcare), Rick Silverberg (Health First Family Care Center and CCNTR), Kathy Randazzo (Genesis Behavioral Health), Alida Millham (Citizen Representative, PPH BoD), Margaret LaBrecque (Commandant, NHVH), Erin Pettengill (Lakes Region Community Services)

Agenda: Facilitator: Margaret LaBrecque

1. **Review Minutes:** The Council reviewed December 1, 2016 meeting minutes. There are no adjustments to be made.
2. **Presentation:** Presentation: Continuum of Care (Priority areas 3 and 4) – Kelley Gaspa (PPH) and Audrey Goudie (Community Health Services Network), see PowerPoint
 - Kelley Gaspa, Director, Substance Use Disorder Systems Integration (PPH) explains a gap in prevention. There is some misunderstanding of elementary level substance misuse prevention education and programming. The role of the Regional Substance Misuse Prevention Coordinator is to disseminate information and promote a deeper understanding on what substance misuse prevention looks like in the lower grade levels. This work is currently underway and will be ongoing. Some comments were made: Margaret LaBrecque (Commandant, NHVH) inquired about how Kelley will be reaching out to home schooled children, also Rachel Saliba (Tilton School) had concern with private school education students. Susan Laverack (PPH) felt that park and recreation should be evaluated as well.
 - Kelley announced that this will be a YRBS (Youth Risk Behavior Survey) year. Six of the seven public high schools in the region will be participating in the 2017 YRBS. Additionally, the Partners Community Wellness (PicWell) team is working on a regional resource guide. They plan to have magnets and cards made up to promote the guide within the community. There will be another community Naloxone education/distribution event held at Hope for NH Recovery Franklin Center. Date to be determined. The 2nd Annual Stomp the Stigma Suicide Awareness Walk will be held this spring. Presentation ended, comments included from the Council saying it was a great presentation.
 - Audrey Goudie, Executive Director (CHSN) Community Health Services Network presented an overview of the IDN's plans. This is a five-year project with 4 primary targets. Integrated, physical and behavioral healthcare and expanding capacity. There are 7 regions in the state and Region 5 is the Central and Winnepesaukee Region.
 - The following are Region 5's project selections
 1. Statewide Projects
 - A1 - Behavioral Health Workforce Capacity Development
 - A2 - Health Information Technology
 - B1 - Integrated Health Care
 2. Community Driven Projects
 - C2 - Community Re-Entry for Justice Involved Adults & Youth
 - D3 - Expansion in Intensive SUD Treatment Options

E5 - Enhanced Care Coordination for High-Need Populations

- The project plan received a 100% score by the independent assessors and final approval is expected Mid-January.
- David Emberley (Central VNA & Hospice) suggested for Audrey Goudie (CHSN) to share the PowerPoint presentation with the group. He thought it may be helpful to use as a teaching tool to educate personnel in their own organizations.

3. Announcements-

- List of days that workgroups meet
 - i. Access to Behavioral Health-Has not met for several months but meetings are TBD
 - ii. CHSN Full Network Meeting- Next Scheduled meeting, January 23rd
 - iii. Substance and Suicide-PicWell-first Thursday, every other month, from 8:30 am to 10:30 am at the Birch Room, Taylor Community.
 - iv. Healthy Eating, Active Living-Franklin-3rd Wednesday of Month at 1 pm, Laconia- TBA late winter, early spring.
 - v. EP Council-Meets at Laconia Fire Department-Quarterly, 3rd Wednesday in January, April, July and October
 - vi. FSP-Cash Coalition-Cary Gladstone, 2nd Thursday of the month 3-430 at LRCS in the Family Resource Center, 200 by 20/20-Justin Slattery-1st Monday of the month at the Lakes Region Chamber of Commerce
- New members are sought for by the Council, specifically in public education and religion. Rachel Saliba (Tilton School) will reach out to a religious sector.
- IOP Choices Program was announced by Rick Silverberg (Health First)- For adults seeking recovery in the Franklin area. It will be billable to insurance; it consists of 12 weeks, each week a different topic is discussed. Adolescent program should be ready by summertime.
- Positive feedback on draft of workgroup updates sheet. Nothing has been further established.

4. Next Meeting-The next meeting will be held at the Franklin Savings Bank Welcome Center in Tilton NH (behind the Tilton Diner) on February 2nd, 2017 at 3pm. Presentations-LRGHealthcare Recovery Clinic Dr. Paul Racicot and Corey Gately