

**Partners in Community Wellness:  
Working together to reduce drug misuse & the risk of suicide  
Meeting Minutes: May 5, 2016**

**Vision:** Communities understand that substance use disorders and suicide are public health concerns requiring a community based approach of consistent and widespread prevention, early identification and connection to treatment and recovery support services to promote a culture of health and wellness.

Attendees:

James Miller, Lisa Leary, Lisa Morris, Dave Greski, Stacey Gagnon, Alan Robichaud, Michelle (Betts) Lennon, Jen Jackes

Unable to attend:

Kathy Keller, Darcy Ess, Jacqui Abikoff, Kirk Beatty, Kate Armstrong, Christopher Adams, John Dawson, Kelley Gaspa, Jane Sparks, David Ferruolo, Ray Connor

**1. New Member(s)**

Jen Jackes from Genesis Behavioral Health attended the meeting as a potential replacement for Dave Bouchard. Jen is the Emergency Services Coordinator and a LCMHC. A quorum was not available to vote on accepting a new member and will be postponed to the next meeting.

**2. Action Items Reviewed**

Stacy Gagnon will follow up with Riverbend about having one of their providers join the PiCWell team.

**3. Member Updates**

Lisa Morris gave an update of the 1115 waiver. The waiver covers Medicaid patients (not expanded), there are approximately 20k attributed patients in our integrated delivery network (IDN). Our IDN includes the Winnepesaukee region as well as the Central region. The Community Health Services Network (CHSN) includes 15 member agencies and 15 community affiliates. The CHSN is an LLC which will be the governing body for the 1115 waiver. The overall goal of this work is to integrate primary care, mental health and substance use treatment in order to improve outcomes and reduce (or maintain) costs. This waiver includes performance based reimbursements which occur in the later part of the five year grant. The selection of the seven IDN's will be released after the governor and council meeting on August 3<sup>rd</sup>. A two page information sheet will be sent out to the group as a separate attachment.

Lisa Leary shared that the substance misuse continuum of care implementation plan has been modified to have two deliverables. One is due on July 15<sup>th</sup> and should be considered a draft version of how CoC gaps will be addressed and the specifics for caring out the plan. Due to the upcoming work of the 1115 waiver, the state is suggesting that the initial deliverable be considered a draft to be completed by the CoC facilitator with a more comprehensive, details implementation plan to be submitted in October. The October plan will be a true reflection of the regional needs based on input from all community stakeholders and will inclusive of the 1115 assessment findings.

Michelle (Betts) Lennon shared that the Tilton Family Resource Center will be hosting a five-day CCAR Recovery Coach Academy<sup>®</sup> (RCA) training Sept 19-23-. The cost of the five day training is \$100. They are also looking for sponsors to donate funds for individuals who are interested, but unable to afford the entire tuition.

For more information, contact Michelle Lennon at 286-4255; or Carolee Longley at [slcdlonghair@aol.com](mailto:slcdlonghair@aol.com).

**4. PiCWell Membership**

There was a general discussion about membership attendance and responsibilities. It was noted that we have an array of folks with different work schedules and availability. The by-laws state that members must attend >=50% of meetings. James suggested that those who are unable to attend regular meetings may be interested in contributing to work groups or acting in an advisory capacity on an as needed basis. Members also suggested alternative meeting schedules.

The issue of our role and how to best be effective for the needs of the community will be discussed at the September meeting. Question, “how do we (PICWell) best support the needs of the community?”

#### **5. Workgroup Summary Report**

Workgroups overall were very successful. Many deliverables were addressed, and valuable feedback was provided. While everyone is not available to contribute additional hours to the workgroups, those who are interested and available are encouraged to continue. Those who are not available are still encouraged to contribute by sharing ideas, and providing feedback.

#### **6. PiCWell Summit**

The summit planning team (Kelley, Ray, Lisa, James, Alan) suggested a format that would be less formal –sans keynote speaker and panel. This years summit will instead focus on the accomplishments that have occurred over the last year through the efforts of multiple stakeholder groups and community actions. Focus will also be on looking forward as we undertake the work of the 1115 waiver – with a larger region and the integration of behavioral and physical health. A “save the date” notice will be edited and sent to the group for final approval.

**Date of Next Meeting:** September 1<sup>st</sup>, 8:30-10:00

**Location:** Taylor Community - Birch Room