

**Partners in Community Wellness:  
Working together to reduce drug misuse & the risk of suicide  
Meeting Minutes: May 5, 2016**

**Vision:** Communities understand that substance use disorders and suicide are public health concerns requiring a community based approach of consistent and widespread prevention, early identification and connection to treatment and recovery support services to promote a culture of health and wellness.

Attendees:

James Miller, John Dawson, Lisa Leary, Kelley Gaspa, Rick Silverberg, Lisa Morris, Ray Connor, Jane Sparks, Dave Greski, Stacey Gagnon, Alan Robichaud, David Ferruolo

Unable to attend:

Kathy Keller, Darcy Ess, Jacqui Abikoff, Kirk Beatty, Michelle Betts, Kate Armstrong, Christopher Adams

**1. New Member(s)**

Rick Silverberg announced he was resigning from the PICWell team, but will remain available in an advisory capacity as needed. He invited David Ferruolo to take his place on the team; the group unanimously approved his appointment. Dave Bouchard has also resigned from the team as he took a new position at Plymouth State University. Lisa Morris will talk to Maggie at Genesis and Stacy will speak with the folks at Riverbank about finding a suitable replacement for Dave. Lisa Morris also suggested that we increase membership for individuals with lived experience.

The group also discussed the idea of inviting new members from other organizations. It was decided that Lisa Leary will create a grid that outlines current stakeholder representation as well as geographic coverage. This grid can help inform stakeholder gaps and opportunities to add additional members. James shared that workgroups can still consider ad hoc team members that can contribute to workgroup activities. Also, outside agencies could also be invited to present informative information to the group.

**2. Youth Summit Update**

Ray Connor shared the details of the Youth Summit. There were 32 students in attendance with good idea generation. Unfortunately, the Appalachian Team Mountain Project does not have the resources to sustain the effort of the teen advisory council. Members shared potential opportunities. Lisa Morris will introduce Ray to rotary members. James and others agreed that this is important work that shouldn't lose momentum. The group will follow up at next meeting. Ray will provide details of budget/resource needs for the group to consider.

There is a summit report, which Kelley will forward to the group.

**3. PICWell Fall Summit**

The group reviewed previous notes on the summit and discussed ideas for the Fall summit.

Additional thoughts:

- Highlights of last year's summit include active participation, visioning session
- Lisa M. suggested that we use summit as an opportunity to collect community input as required for the 11.15 waiver
- Having the summit in October will allow us to get 11.15 waiver input at early implementation phase, and be good timing for working with individuals who are running for public office.
- Include a brief recap from last years summit. Lisa L suggested a visual graphic of the timeline progression from last year, to present to future.
- Identify major needs, including youth summit financial needs
- Consider educational breakout sessions
- Legislative breakfast: invite Jeannie Forrester, Drug Czar and delegates running for election. Consider integrating legislative piece and start earlier (7:30am?)
- Lisa M suggested getting questions to delegates in advance and provide responses at the summit

- Media coverage?
- Talk about our role in advocacy going forward

Event planning team members: Ray, Rick, Alan, Kelley, Lisa (may include ad hoc members)

#### 4. Workgroup Summary Report

Work group name	Team	Mag plan submi	initiatives	Accomplishments	Challenges	Need help?
Business	Alan, Lisa L, Dave G.	Yes	Engaging local businesses with PHAC work	Organized a collaborative meeting with The Lakes Region Chamber of Commerce, local businesses and Navigating Recovery of the Lakes Region. We will be meeting in May with up to 20 local businesses to build relationships and discuss opportunities to partner.	None	No
Suicide	Kelley Gaspa, John Dawson	Yes	CALM Training, Awareness Walk, Prevention Train the Trainer and 2 Day Youth Leader Training	Older Adult Training, design t-shirts for awareness walk and Franklin Youth Leader Prevention Training with NAMI NH, SOSL Support Group planning.	Dave B is leaving. However, we will continue to have a Genesis BH representation on the committee.	no
Schools	Ray Connor, Darcy Ess, Stacey	No	Best practices - truancy; distribute Top 5 document	Best practices survey to 8 schools, 5 responded. Top 5 things distributed to high-schools	Stacey is doing the majority of the work	No
Policy/Lawmaker	Jacqui Abikoff, Kate Armstrong, Lisa	No	Distribute pertinent legislation to PIC/well team	Provided legislative update to the team	?	?
Communities	Michelle Betts, Chris Adams, Jane	No	Organize collaborative meeting with coalitions	Did not meet. Kelley can take over the lead of this work, with workgroup to provide support when available.	Unclear who point person is	
Healthcare	Kathy Keller, Dave F., Kirk Beattie	No	SBIRT training	Will begin SBIRT training in Westside and Newfound practices in the fall. Lisa L. can work with team to start SUD training in higher-education	?	?

#### 5. Member Updates - Tabled

**Date of Next Meeting:** July 7<sup>th</sup>, 8:30-10:00

**Location:** Taylor Community - Birch Room